



# INTEGRATIVE HEALTH PACKAGES

Features	Rose	Gold	Mint	Diamond	VIP
Doctor Consults	One hour every 3 months (Value \$480)	One hour every 3 months (Value \$480)	One hour every 3 months (Value \$480)	One hour every month for first 3 months then one hour every 2 months. (Value \$1080)	One hour every month for first 3 months then one hour every 2 months. (Value \$1080)
Health Coaching	One hour every 2mths including joint consult first time (Value \$270/ 3mths)	One hour every month including joint consult first time (Value \$540 / 3mths)	One hour every month including joint consult first time (Value \$540 / 3mths)	One hour every 2mths including joint consult first time (Value \$270 / 3mths)	One hour every month including joint consult first time (Value \$540 / 3mths)
Intro month	One hour nurse facilitator consult + 20 min intro with doctor	One hour nurse facilitator consult + 20 min intro with doctor	One hour nurse facilitator consult + 20 min intro with doctor	One hour nurse facilitator consult + 20 min intro with doctor	One hour nurse facilitator consult + 20 min intro with doctor
Discounts on supplements	5% on oral supplements (\$50 / 3 months assuming \$1K spend)	7.5% on oral supplements (\$50 / 3 months assuming \$1K spend)	10% on oral supplements (\$50 / 3 months assuming \$1K spend)	10% on oral supplements (\$50 / 3 months assuming \$1K spend)	10% on oral supplements (\$50 / 3 months assuming \$1K spend)
Discounts on IV nutrients	5% on IV/IM supplements (\$50 / 3 months assuming \$1K spend)	7.5% on IV/IM supplements (\$50 / 3 months assuming \$1K spend)	10% on IV/IM supplements (\$50 / 3 months assuming \$1K spend)	10% on IV/IM supplements (\$50 / 3 months assuming \$1K spend)	10% on IV/IM supplements (\$50 / 3 months assuming \$1K spend)
Online courses	Rose Online Course Package	Gold Online Course Package	Mint Online Course Package	Access to all online course	Access to all online course
Member discounts	Below discounts with partnering businesses (Value \$60/3mths)	Below discounts with partnering businesses (Value \$60/3mths)	Below discounts with partnering businesses (Value \$60/3mths)	Below discounts with partnering businesses (Value \$60/3mths)	Below discounts with partnering businesses (Value \$60/3mths)
Facebook Group	Complimentary Facebook Group (Value \$30/mth)	Complimentary Facebook Group (Value \$30/mth)	Complimentary Facebook Group (Value \$30/mth)	Complimentary Facebook Group (Value \$30/mth)	Complimentary Facebook Group (Value \$30/mth)
Tests	None included	None included	GI-MAP gut microbiome test (\$440) first 3 months DUTCH Complete (\$422) - 2nd 3 months	GI-MAP gut microbiome test (\$440) first 3 months	GI-MAP gut microbiome test (\$440) first 3 months
Free products	Tote bag included (Value \$50)	Tote bag & gratitude diary included (Value \$110)	Tote bag, gratitude diary and coffee enema kit (Value \$200)	Tote bag, gratitude diary and coffee enema kit (Value \$200)	Tote bag, gratitude diary and coffee enema kit (Value \$200)
Monthly Webinars	Complimentary Monthly Webinar (Value \$50/mth)	Complimentary Monthly Webinar (Value \$50/mth)	Complimentary Monthly Webinar (Value \$50/mth)	Complimentary Monthly Webinar (Value \$50/mth)	Complimentary Monthly Webinar (Value \$50/mth)
Total monthly value	<b>\$710.83</b>	<b>\$748.25</b>	<b>\$922.83</b>	<b>\$1271.00</b>	<b>\$1541.00</b>
Cost if signing up for > 6 months	<b>\$330/month</b>	<b>\$420/month</b>	<b>\$530/month</b>	<b>\$650/month</b>	<b>\$790/month</b>

## ONLINE COURSE INCLUSIONS

Mold or EMF & Stealth Infections course to be done over 6 months (Value \$427)

Mold or Lyme-Ed online course (\$427) then Gupta program for subsequent 3 months (\$500) then EMF Made Simple + Stealth Infections Made Simple (\$437) next three months. Average is \$150/mth

Mold or Lyme-Ed online course (\$427) then Gupta program for subsequent 3 months (\$500) then EMF Made Simple + Stealth Infections Made Simple (\$437) next three months. Average is \$150/mth

Access to all courses (Value \$65 2/3 mths)

Access to all courses Value (\$ 6 5 2 / 3 m o t n h s )



## Integrative Health Packages

### Discounts with Partners

**1) Bottoms Up Colonics** - Address: 38 Maud St, Maroochydore QLD 4558. Phone: 0439 230 270.

Colonic initial package: first initial 90-minute session followed by 3 x 60-minute follow-up sessions (all follow up sessions include therapist support, herbal and probiotic infusions, and ozone therapy where appropriate). Coffee Enema EBook Information in a welcome pack, as well as detailed instructions by the therapist on how to perform. \$520 for package clients; the normal price \$590, and a special code of - \$10 off any other colonic booked outside of this initial deal for follow-up sessions outside of the package.

1 in-person session - 15% off.

**2) Dental Wellness, Dr. David Cowhig** - Address: 1056 Waterworks Rd. The Gap, QLD 4061. Phone: 07 3511 1399. Discount of 10% on initial consults. Please mention the Lotus packages with reception when you call.

**3) Zen Den Day Spa** - Address: 59-75 Mooloolaba Esplanade, Mooloolaba QLD 4557. Phone: 07 5444 2723, e-mail: [hello@zendendayspa.com.au](mailto:hello@zendendayspa.com.au). Discount of 25% on a one-off float session and 10% off on all of the other treatments, purchased as one-off sessions (not part of a weekly package).

**4) TLC Recovery** - Address: Unit 1, 127 Sugar Road, Alexandra Headland, 4572. Phone: 0411 369 079, website: [www.tlcrecovery.com.au](http://www.tlcrecovery.com.au). Discount of 20% off a 5-session pass. 5 Sessions can be used on your choice of the following services: - 5 x Infrared Sauna Sessions or - 5 x Hot & Cold Magnesium Plunge pool Sessions or - 5 x Normatec lymphatic massage system sessions (arms, legs & waist) OR Mix and Match your sessions.

**5) Tara Hegerty Energy Healer & Spiritual Practitioner** - Buderim. E-mail: [hello@tarahegerty.com](mailto:hello@tarahegerty.com), website: <https://www.tarahegerty.com/personal-energy-alignment/>. [Book here](#) and use code: LHM15 for Personal Alignment Session service.

**6) Sheree Windred - Human Design** - Maroochydore. Phone: 0493 291 437. Human Design Unique Blueprint + Human Design - Navigating life Basic Essentials + 1 hour 1:1 in-person session - 15% off.