

# LOTUS HOLISTIC MEDICINE

5/13 Norval Court, Maroochydore QLD 4558

Ph: 07 5313 3577

Fax: 07 5302 6468

## New Patient Enquiry Form – Child

This form is an editable word document – text can be added wherever you see the grey fields.

Please fill out the following information and save the document using your own name as the new file name, then email the form back to us at [admin@lotusholisticmedicine.com.au](mailto:admin@lotusholisticmedicine.com.au)

We will contact you within 7 days (usually much sooner) to advise if a Lotus holistic medicine doctor will be a good match for the issues you are seeking to address.

An individual form is required for each new patient enquiry.

**Child's Full Name:**

**Date of Birth:**

**Parent/Carer Name:**

**Address:**

**Mobile Phone:**

**Home Phone:**

**Email:**

**1. Current Health Concerns/Diagnosed Conditions:**

**2. Goals you hope to achieve from seeing a Lotus doctor:**

**3. On a scale of 1 to 5 how committed are you to achieving optimal health using a truly holistic approach?**

A holistic approach to improving health and wellbeing may include, but is not limited to the following; changing your child's or family's diet, taking nutritional supplements, remediating the home environment, learning how to effectively manage stress, addressing current and/or past traumas or emotional issues and taking a high level of personal responsibility for achieving the outcomes you wish to achieve.

**Please rate on a scale of: 5 (very willing/confident) to 1 (not willing/confident).**

In order to improve your child's health, how willing are you to:

**Significantly modify your child's diet?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**Have you child take some nutritional supplements each day?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**See a specialised practitioner for working on emotional health issues, if relevant?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**Help your child learn and practice relaxation or stress release techniques?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**Return for regular 2 – 3 monthly progress appointments?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**Invest time into educating yourself about the first causes of your child's health problems?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**How confident are you of your ability to organise & follow through on the above health related activities?**

Very willing/confident  5     4     3     2     1 Not willing/confident

**If you are not confident of your ability, what aspects of yourself or your life lead you to question your capacity to fully engage in the above activities?**

**4. How did you hear about us?**

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## FACT AND DISCLOSURE SHEET

The purpose of this fact sheet is to explain the doctors at Lotus Holistic Medicine qualification's, method's of diagnosis and management, and some of her clinic's policies and procedures so as to assist with your decision to become a client of the clinic.

- 1. Qualifications.** The doctors at Lotus Holistic Medicine have been practicing medicine for many years and have extensive experience in treating patients with chronic illnesses. They are friendly, easy going, and always willing to help. They take a patient centered integrative approach to treating their patients, maximising their chances of full recovery and well-being. They believe in finding and eliminating the source whilst treating her patients as naturally as possible. With great passion for furthering their knowledge and with pure dedication to help their patients, they are constantly attending courses, conferences, educational programs and acquiring new certifications in order to keep up with the latest knowledge, trends and modalities.
- 2. Fees.** The doctors at Lotus Holistic Medicine Sunshine Coast Clinic are \$60 per 10 min block. A standard intake consultation of 1.5 hours' duration at the Sunshine Coast clinic is \$540.00. IN SOME CHRONIC COMPLEX CASES, IT CAN TAKE MORE THAN 90 MINUTES FOR THE FIRST CONSULT. Intake consultation duration may range between 1 hour and 2 hours, depending on the complexity of your health issues. Medicare rebates are available and generally are an Item 44 (currently \$108.85) for a consultation over 40 min, Item 36 (currently \$73.95) for a consultation over 20 min and Item 23 (currently \$38.20) for a consultation under 20 min. Occasionally, other item numbers such as chronic health condition item numbers can be used and attract a greater Medicare rebate. Those who have a high spend on out-of- pocket medical fees in a calendar year may attract a higher Medicare rebate under the Medicare Safety Net scheme.  
Brief email questions clarifying a treatment regime are not charged for, however extensive emails or those requiring extensive replies or anything over a brief clarification or results phone call are charged at the usual consultation rate. No Medicare rebates apply to email or telephone consultations.  
The Lotus doctors fees per 10 min slot are standard for general practice in Australia. However, the total cost of a consultation may be higher than most people are used to paying, due to the long and comprehensive nature of the consultations. While a standard consultation in most practices is 10 - 20 mins, at Lotus Holistic Medicine it is 30 -90 mins. Basically, this means this practice is a specialised medical clinic for those needing/seeking and willing to invest in a comprehensive and safe holistic medical program. If you are experiencing financial difficulty we encourage you to make this known to the Lotus doctors, so that your needs can be taken into account.

**3. Consult format and methods of diagnosis.** Generally, the doctors at Lotus Holistic Medicine recommend a 90-min initial intake consultation. For especially complex cases they may request a 2-hour initial intake consultation. Follow up consultations are recommended every 1 - 3 months and these are usually 60 mins in length. The Lotus doctors utilise all conventional medical methods such as history taking, physical examination and conventional blood tests, imaging and specialist reviews. However, she also uses some additional diagnostic modalities such as hair mineral analysis (HTMA), Visual Contrast Sensitivity (VCS) Testing, Quantum Reflex Analysis (a form of kinesiological assessment) and Metabolic Typing. These latter forms of assessment are considered outside the parameters of conventional medicine but considered by the Lotus doctors to be very useful additional tools.

**4. Treatment protocols.** The doctors at Lotus Holistic Medicine treatment plan's include all of conventional medicine 's tools such as medications, surgery and other procedures when necessary, however also include following a tailored dietary regime, taking multiple nutritional supplements, getting sufficient sleep, exercising regularly, exercising and partaking in specific detoxification procedures. The latter forms of treatment are generally considered outside the parameters of conventional medicine however, considered by the doctors at Lotus to be extremely beneficial to the vast majority of people.

**5. Acknowledgment by potential client.** I have read the above fact and disclosure form and understand the nature of the doctors at Lotus Holistic Medicine practice as described in Points 1 – 4 listed above.

I have the following questions about Lotus doctors and the clinic:

I am willing to have the following diagnostic and assessment procedures performed on my child (please check the box for these tools to be considered in you child’s case. These will be only used if considered to be beneficial in your case by the Lotus doctor:

- Quantum Reflex Analysis - (QRA - a form of kinesiological assessment)
- Autonomic Response Testing - (ART- another form of kinesiological testing)
- Hair Tissue Mineral Analysis - (HTMA)

To sign this form electronically, place a slash before and after your name as: /parent name/

Signed:

Full name:

Date: